

PLEASE READ THIS INFORMATION THOROUGHLY.

****DO NOT BOOK ANY FLIGHTS OR PLACE YOUR DEPOSIT BEFORE PRIOR AUTHORIZATION****

ALL DATES ARE SUBJECT TO AVAILABILITY.

Thank you for your interest in Usha wellness Village. The Usha Institute is in La Ceiba, Honduras in Central America.

Please take a moment and read this entire packet. Fill out the attached forms to begin the process. **Please attach a copy of your passport and driver's license.**

Approval

Each application is reviewed thoroughly by an admissions board for approval. Usha has given strict guidelines to follow, and this office will abide by those guidelines. At Usha, it's our goal to help you obtain optimum health results, whether detoxing, health maintenance, or the treatment of any pathology.

To accurately compare your results, we require you to take a medical test before, during, and after treatment. This will ensure accurate results and effective treatment. It is a **requirement** for you to send and bring a copy of your medical records.

If you have any prescribed medication, you must bring it with you. When sending your intake form, you need to send the information of your prescriptions attached to the email as a PDF document, or a picture of either side of your medical regimen, the most recent one.

If you are a diabetic patient or suffer from blood pressure, you must bring the equipment necessary for your daily routine, such as a wrist blood pressure monitor or glucometers with test strips and you must bring your medication.

You will receive a response regarding your approval from the board via email. All decisions are left to the board's discretion and are **final**. Once you have received approval you will still need to do the following:

- Approval email from Admissions board
- Check date availability and get date approval
- Send complete payment

Payment

You have the right to cancel your Usha Village experience at any time, however, please be aware of the following cancellation policy. Here at Usha Village, we have a strict cancellation policy. Once your *application AND dates* have been approved, we require complete payment of your stay. **NON-REFUNDABLE!**

In the instance you need to reschedule your booking, Usha will do its best to accommodate your request. All requests must be submitted in writing at least 30 days prior to the first day of your booking and rescheduled within 6 months of the original booking.

The dates chosen are subject to availability and we accommodate on a first come first serve basis. With pre-approved dates and payment, you can make travel arrangements with the airline of your choice.

Please send a copy of your travel itinerary to this email once purchased AND CONFIRM YOUR VISIT 2 OR 3 DAYS PRIOR TO YOUR ARRIVAL

Unforeseen situations may present themselves to our guests and for those circumstances, situations, and occasions we HIGHLY recommend that you purchase travel insurance to cover your assets.

Usha Village is not responsible for any incidental expenses or consequential losses that the Client may have incurred because of the canceled booking such as visas, vaccinations, non-refundable flights or rail, non-refundable car parking, or other fees, loss of earnings, or loss of enjoyment, etc.

In the instance you need to reschedule your booking, Usha will do its best to accommodate your request. All requests must be submitted in writing at least 30 days prior to the first day of your booking and rescheduled within 6 months of the original booking.

DEPOSIT

(Deposit must be done by an international wire transfer bank)

Beneficiary bank Name: Banco Del país S.A

Address: Edif. Torre, delpais Blvd. Jose Antonio Peraza, Oficina Principal Blvd. San pedro Sula, Honduras C.A

SWIFT CODE: PISAHNTE.

BENEFICIARY:

Name: Saama Bowman Garcia

Address: KM 225, Aldea Agua Caliente Jutiapa Atlántida, al lado de inverca, USHA Account number: 226000021020

ID: 0101-1995-00874

Cash is the only payment method we can accept to pay for any extra service. Deteriorated dollars are not accepted (ripped, written on, or marked)

We only accept these denominations (example: 10's, 50's, and 100's dollar bills)

U S H A V I L L A G E **POLICIES**

- All payments and transactions are **final**. Once you have booked and notified the village, the space is already accounted for.
- All our prices are final!
- We only honor promotions from our official site.
- We cannot assume any responsibility if you are a victim of a scam outside of the Usha village official site, WhatsApp, or social media.

COVID-19

Information about where and how U.S. citizens can obtain a COVID-19 test in La Ceiba

- Individuals are responsible for paying out of pocket for testing and seeking reimbursement from their insurance. LPs. refers to the cost of Honduran Lempiras.

LA CEIBA						
Laboratorio D'Antoni	9978-8216 9494-9997 2443-2264 2443-1335	Ave. Morazán	MON – FRI 6:00am – 4:30pm SAT 7:00am – 12:00pm	Yes. Same day results. Only MON-FRI 7am-9am Lps.5,390	Yes. Same day results. Lps.990	No appointment required.

2 COVID LABORATORY DATABASE



LABORATORY	CONTACT	ADDRESS	OFFICE HOURS	PCR-RT	ANTIGEN TEST	ADDITIONAL INFO
LA CEIBA						
Medicentro	3378-7142 9450-1822	Calle 13	MON – FRI 6:00am – 5:00pm SAT 6:00am – 12:00pm	No.	Yes. Same day results. Lps.1,300	No appointment required.
Mercy Medical	9746-9133	Calle hacia el muelle de cabotaje frente a Res. Génova	Open 24hrs	Yes. Next day results. Lps.4,600	Yes. Results available in 1 hr. Lps.950	

USHA VILLAGE assumes no responsibility or liability for the professional ability or reputation of, or the quality of services provided by, the entities or individuals whose names appear on the list. Inclusion on this list is in no way an endorsement by USHA VILLAGE.

Are U.S. citizens permitted to enter? Yes

- All travelers entering or exiting Honduras must complete the immigration precheck form at <https://prechequeo.inm.gob.hn>. Travelers will receive a confirmation email, which they should print and carry with them.
- Is a negative COVID-19 test (PCR and/or serology) required for entry?
 - YES
- Please find to-date information on [U.S. Embassy in Honduras \(usembassy.gov\)](https://usembassy.gov)

Flights/Transportation

Airfare and transportation charges are not included in your package. We do not help with flight reservations/bookings.

A passport is required when traveling to Honduras. Please check with your embassy or consulate to see their rules and regulations. If you need to apply for a visa, we can help by sending you an invitation letter.

Here is a list of airlines that fly to Honduras:

American Airlines

Avianca

Delta

United Airlines

Cayman Airways

Spirit

The three (3) international airports in Honduras are:

1. **SAN PEDRO SULA (SAP)** is about a three-hour cab ride away from the village, but it is the easiest airport to find a flight.
 - Traveling during the day, the price for transportation will be \$150.00 USD per ride, one way.
 - Two or more passengers, the price will be \$200.00 USD, divided amongst each passenger, one way.
 - Arrivals from 4 pm are considered night transportation will be \$200.00 USD per passenger, one way.
2. **ROATAN (RTB)** Passenger must book a ferry (70 minute ride) through www.roatanferry.com You will have to take a cab from RTB to the ferry (about a 7 minute ride). Once you arrive to dry land, the transportation fee to the village will be \$40.00 USD per person.

3. **LA CEIBA (LCE)** is the closest airport to the village and might need multiple connections to get to this airport. The international airline that flies to LCE is Cayman Airways.
 - Transportation fee will be \$50.00 USD per passenger, one way
 - All transportation fees are paid in cash to the driver and are charged each way.

We can arrange a cab ride with an external transportation company to USHA VILLAGE once you know your arrival airport; also, you are free to book your own ground transportation.

These are our recommendations and beyond the provided information we cannot assist any further.



What to bring?

La Ceiba has tropical weather, hot and humid. We have saunas, private thermal baths, and a pool, so, you should bring clothes according to the facilities. We have Wi-Fi available at the village; you can bring your Wi-Fi devices or reading material for your stay.

If you have any prescribed medication, you must bring it with you. When sending your intake form, you need to send the information of your prescriptions attached to the email as a PDF document, or a picture of either side of your medical regimen, the most recent one.

If you are a diabetic patient or suffer from blood pressure, you must bring the equipment necessary for your daily routine, such as a wrist blood pressure monitor or glucometers with test strips and you must bring your medication.

Since the village is close to the jungle, you will be exposed to nature. You should bring mosquito repellent, a lantern, and organic hygiene products such as soap, deodorant, toothbrush, toothpaste, etc.

What to expect?

The village is used exclusively for offering treatment to our approved clients. We don't have classes, tours, seminars, internships, or planned activities of any sort. The village is a place to disconnect from the rest of the world and receive treatment. This time is to help you meditate and make any necessary changes in your daily life. We recommend you exclusively use this time for healing.

Following are the services included during your visit to the village:

- ☐ **Thermal water treatment**
- ☐ **Natural Sauna**
- ☐ **Herbal cell food for cleansing and nutrition**
- ☐ **Wi-Fi 24 hours**
- ☐ **A/C 24 hours**
- ☐ **Security 24 hours**
- ☐ **Meals (breakfast, lunch, and sea moss for the evening)**

If you are recommended to continue with your treatment at home, you can buy your treatment at Usha or from home. You can order it with us by email: ushavillagehn@gmail.com

Please keep in mind this is a third-world country! Every so often we experience power outages citywide, which may affect Wi-Fi access and power, USHA is equipped with backup generators and professionals to get you back up and running as soon as humanly possible.

While you are detoxifying you will be on a specific diet, and it will be:

1. Alkaline breakfast that will usually be fruits or sometimes another dish
2. An alkaline-based lunch pre-planned to work more effectively with the herbs and to reverse diseases and their effects on the human body. All approved by Dr. Sebi's diet.

The plates are of normal size, and the menu of the day will only be ONE for all the clients staying at the SAME TIME OF YOUR VISIT. We do not serve meals based on special requests; it is not a menu or buffet type of restaurant. WE ARE NOT A HOTEL OR RESORT.

You will start your fast in the afternoon with SEA MOSS, it provides 92 minerals of the 104 minerals that your body is built of. It is considered the most powerful herb in the world, so make sure you do not miss it!

It is normal during your stay to lose weight although it may be unintentional. We recommend you bring your healthy snacks or visit any local supermarket where you can buy fruits or HEALTHY snacks. everything according to your ALKALINE DIET.

NURSE SERVICES

- A nurse is available from 6:00 pm – 6:00 am
Monday to Friday.
Saturdays from 8:00 am– 12:00 pm
Weekends (Saturday 12:00 pm) until Monday morning 8:00 am.
- The nurses are there to give a specific service: administer your herbal treatment daily and help you in case of an emergency.

If you have a critical situation or illness that requires medical attention, you have to hire the services of a separate nurse, to be able to solve your needs. *****Additional expenses not covered in the price of your stay severely ill patients or patients with eternal illness are required to purchase a nurse, or additional services separately not included in price*****

If any emergencies, the nurses are always available in the nurse's office, located in the building at the back of the laboratory, or the first-round hut next to the office where you had your consultation by the palapa. If you still have any issues finding the nurses, please contact ushavillagehn@gmail.com

U S H A V I L L A G E 

Prices

Our prices are always subject to change. Please keep in mind there is limited space available in the village and our spaces fill up fast. The prices in this document are our **official prices**. We have different types of rooms, and the prices may vary according to your needs.

- **All bookings are done on a weekly basis**
- **Bookings will start at 7 days and 6 nights**

Regular rooms are furnished with one full-size queen bed and are based on a daily rate of \$257.14 US Dollars (\$1,800.00 US Dollars per week).

- Children 3 years and younger stay free (**food and beverages are not included**).
- 4 -12 years old is \$85.00 US Dollars per day.
- 13 years and above pay \$150.00 US Dollars per day.

NEW VILLAS are furnished with one full-size queen bed, luxurious style is based on a daily rate of \$328.57 US Dollars \$2,250.00 USD per week, per person.

Our special villas have a unique rounded shape designed exclusively by Dr. Sebi. We chose to name them after some of the natural herbs he used. **Minimum of persons in the villa 2.**

The “Damiana”, The “Lavender” and The “Blue Vervain” villas are furnished with 2 full size beds and are based on a daily rate of \$357.14 US Dollars (\$2,500.00 US Dollars per week, minimum 2).

Children 3 years and younger stay free (food and beverages are not included).

4 -12 years old is \$80.00 US Dollars per day.

13 years and above pay \$150.00 US Dollars per day.

Lilly of the Valley VIP 5-Star Villa

Our VIP 5-star villa, “Lilly of the valley” is furnished with 2 full-size beds and a television.

It has a daily rate of \$400.00 US Dollars. (\$7,000.00 US Dollars per week, minimum 2* special cases we can manage at a discounted rate).

Children 3 years and younger stay free (food and beverages are not included).

4 -12 years old is \$100.00 US Dollars per day.

13 years and above pay \$250.00 US Dollars per day.

****Please include the name of your companion in the "Notes" section of this application. Please be sure to include their contact information and two emergency contacts for them.**

We will not assume any responsibility if you are a victim of a scam, misleading claims, fraudulent coupons, and the like, outside of [Usha Village's Official Sites](#).



USHA VILLAGE 

INDIVIDUALS ARE RESPONSIBLE FOR:

PAYING out of pocket If you suffer from a chronic disease, disability, critical conditions, cancer in advanced stages, multiple sclerosis, any type of disability that does not allow you to carry out your daily activities, or some type of illness that compromises your vital signs and your health USHA VILLAGE will review your information according to your needs and will recommend if you need to combine your treatment with medical assistance and care from a private doctor and nurse.

*****Additional expenses not covered in the price of your stay severely ill patients or patients with eternal illness are required to hire a nurse, or additional services separately not included in price*****

You will have to come with a family member, to be very supportive during this process.

This is a strict policy and if you are unwilling to accept you do have the option of our at-home treatment. The expenses range from \$ 1,500.00 to \$ 2,500.00 (as an example) dollars per month. Each case is different and will be quoted according to your specific needs.

If you have to be transferred to a hospital, you should come economically prepared because in HONDURAS there is no medical insurance or equipped public hospitals, you will have to visit a PRIVATE hospital, and you will start taking care of all your expenses from transportation, admission to the hospital (\$615.00 to be admitted)and each and every one of your expenses until you are discharged from the hospital. It is for this reason we HIGHLY recommend travel insurance.

All this is in addition to what you will pay for your stay.

USHA VILLAGE assumes no responsibility or liability for the professional ability or reputation of, or the quality of services provided by, the entities or individuals whose services will be contacted by the individual.

Treatment

The next day that you arrive at the village, you will have a private consultation with an herbal consultant. During the consultation, you will have an individualized regimen with a list of products you should be taking according to your health issues. Health goals and results vary per individual. Keep in mind while going through this cleansing process, there are different variables that will make a difference. So, while you are still at home, you can start your transition to an alkaline diet.

Also, when choosing your time at the village, please know that longer stays will give you more favorable results than a shorter stay. If you are not able to complete the time at the village, we will recommend you purchase the herbal treatment and continue at home for better results.

Below is a list of products we charge additionally that the herbalist may recommend adding to your treatment and/or products that you may want to add for yourself.

- Chaparral head wrap \$25
- Eva salve \$35
- Hair oil \$25
- Tooth powder \$25
- Vaginal steams \$35

We have a lot to offer regarding various spa treatments. They are available by appointment only; information can be given at our facilities.

USHA VILLAGE 

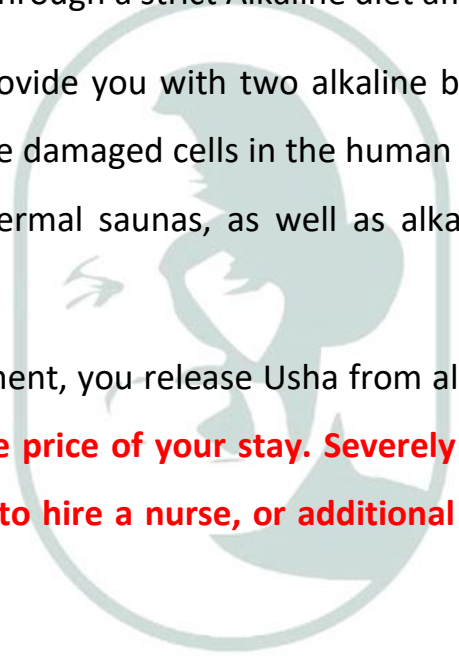
By signing below, you confirm you have read this document in its entirety and agree to all things listed.

X

Thank you for your interest in starting your journey with us here at Usha village to a healthier lifestyle. The staff at Usha is experienced and knowledgeable and will work together to provide the best service Usha has to offer. Although we do understand every person’s journey is different and their body responds accordingly to what it needs, we believe the Dr. Sebi method can aid in detoxifying and curing our bodies of many illnesses. This is done through a strict Alkaline diet amongst other things.

During your stay, we will provide you with two alkaline base meals and several herbs that work together to reverse damaged cells in the human body. There are also thermal pools and baths, natural thermal saunas, as well as alkaline water available at your disposal.

By signing this intake agreement, you release Usha from all liability including **additional expenses not covered in the price of your stay. Severely ill patients or patients with eternal illness are required to hire a nurse, or additional services are not included in the weekly cost.**



Printed Full Name



X

_____ Date

Please copy and paste the bottom portion, fill it out, and email it back to us.



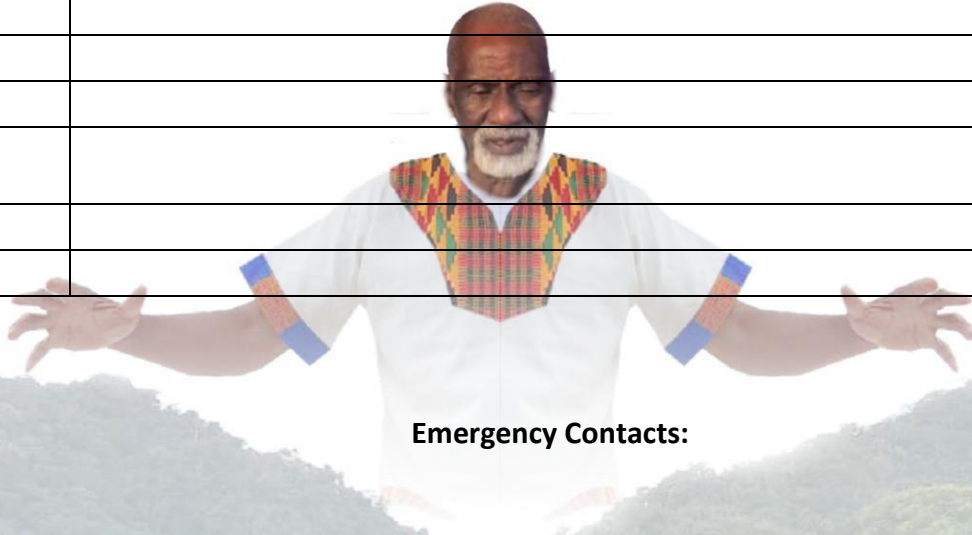
U S H A V I L L A G E 

Usha Village

Dr. Sebi's Cellfood

Client Information

Complete name:	
Gender:	
Address:	
Phone number:	
Email:	
DOB:	



Emergency Contacts:

Name	Phone	Relationship
Name	Phone	Relationship

Medical History, diagnosed by a doctor

Usha Village

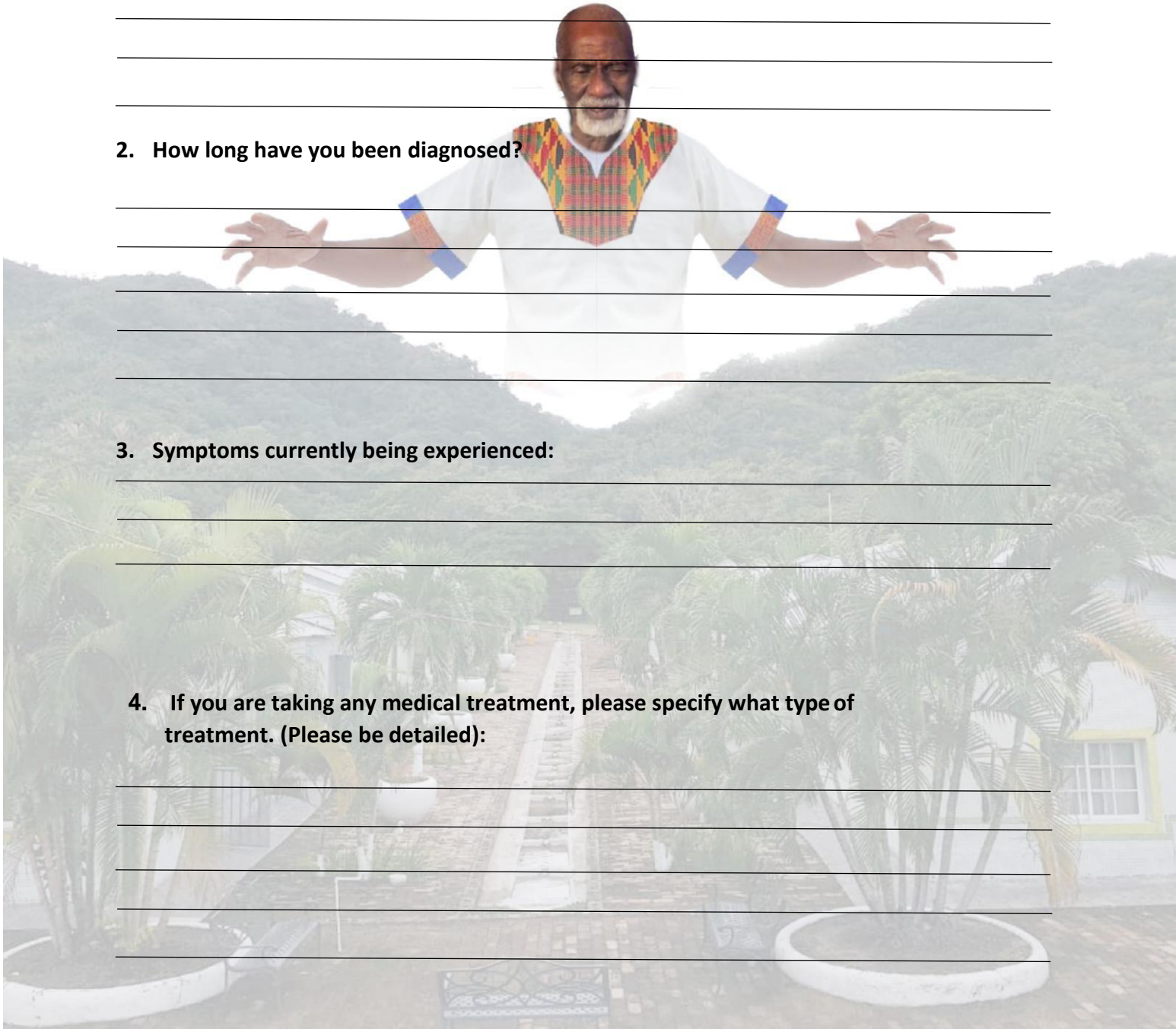
Dr. Sebi's Cellfood

1. Current Diagnosis (Please be detailed):

2. How long have you been diagnosed?

3. Symptoms currently being experienced:

4. If you are taking any medical treatment, please specify what type of treatment. (Please be detailed):



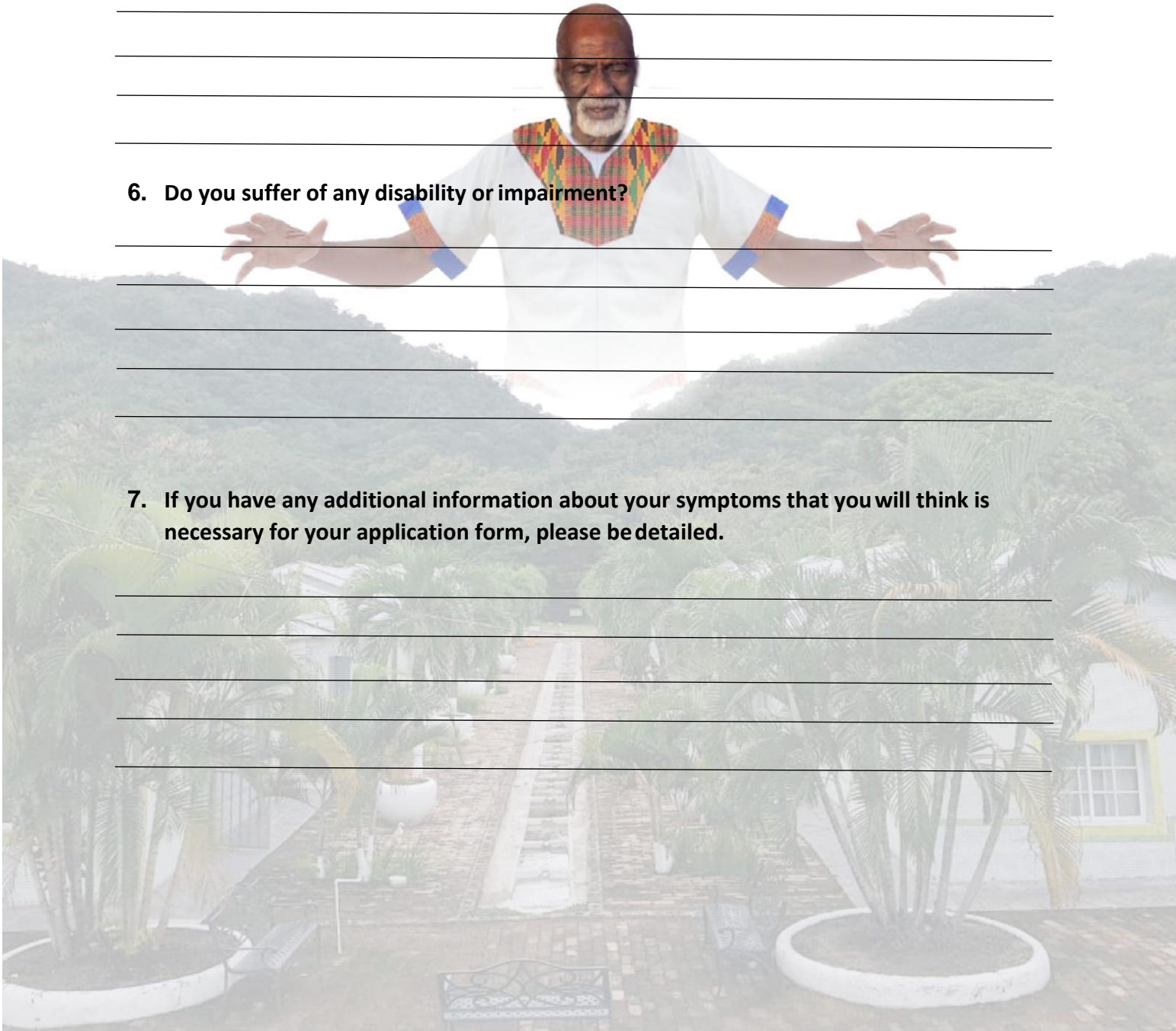
Usha Village

Dr. Sebi's Cellfood

5. Do you suffer from any Allergies?

6. Do you suffer of any disability or impairment?

7. If you have any additional information about your symptoms that you will think is necessary for your application form, please be detailed.



Usha Village

Dr. Sebi's Cellfood

Estimated Travel Dates, Always subject to availability

Travel Dates 1st choice: (Arrival & Departure)

Travel Dates 2nd choice: (Arrival & Departure)

Travel Dates 3rd choice: (Arrival & Departure)

****PLEASE ATTACHED TO THIS INTAKE FORM YOUR MEDICAL REPORTS FOR VERIFICATION OF TREATMENT****

Usha Village

Dr. Sebi's Cellfood

Notes for the village/Trip Companion:

Name of companion: _____

Name	Phone	Email address

Name of companion: _____

Name	Phone	Email address

Emergency contacts for companions:

Name	Phone	Email address

Emergency contacts for companions:

Name	Phone	Email address

*******PLEASE ALLOW 5-7 BUSINESS DAYS FOR A RESPONSE FROM OUR OFFICES*******

Carretera CA13 Jutiapa, Km 225 Aldea Aguas Calientes, Atlántida, Honduras.

Tel: (504) 9964-1349 / PBX: 2408-1170

www.usha-villagehn-laceiba.com / Email: ushavillagehn@gmail.com